

Dalton's

American Grill

SINCE 1980

Celebrating 45 Years!

OF SERVING WEST NASHVILLE
1980-2025

We would like to thank all of our loyal guests that have and continue to support us.

We appreciate your business for the past 45 years and will work to earn your business each and every time you visit us.

Sincerely,

The Powell Family
Shannon, Michael, Allison,
Jonah, Emma and Dee

DALTSGRILL.NET
38 White Bridge Road, Lions Head Center

For Franchise Opportunities,
contact Shannon at 615-352-8121



EXCEPTIONAL HOMEMADE FOOD, WITH EXCEPTIONAL SERVICE

18% GRATUITY MAY BE ADDED TO GROUPS OF 8 OR MORE.

APPETIZERS

Triple Appetizer - 16

Plentiful portions of crispy fried cheese sticks, fried green tomatoes and chicken tenders. Served with all homemade sauces: Remoulade, honey mustard and marinara sauce.

Crispy Fried Mozzarella Sticks - 11

Mozzarella cheese deep fried and served with marinara sauce.

Chicken Wings - 16

Fresh chicken wings served with tortilla chips, celery and blue cheese. Tossed in Buffalo sauce.

Owner's Choice

Fried Mushrooms - 14

Fresh button mushrooms, hand battered and served with horseradish sauce.

Basket of Drake's Battered Onion Rings - 10

Served with our homemade remoulade sauce.

Basket of Homemade Potato Chips - 7

Back by Popular demand. Served with sour cream and chives.



Emma's Signature Spinach Dip - 11

Spinach with Parmesan, Monterey Jack, cream sauce, sour cream and tortilla chips & salsa.

Chips & Salsa - 7

Tortilla chips & salsa.

Perfectly Fried Green Tomatoes - 11

Green tomatoes tossed in lightly seasoned flour and corn meal for a crispy bite and fresh firm finish, served with homemade remoulade sauce.

SOUPS & COMBOS

Combos: Choose any two items - 13

- ◆ Half Chicken Salad Club Sandwich
- ◆ Half Dalts Club Sandwich
- ◆ Grilled Cheese Sandwich
- ◆ Bowl of Soup
- ◆ House Salad
- ◆ Caesar Salad

Chicken Tortilla Soup - 6

Topped with tortilla strips and Cheddar & Jack cheeses.

Baked Potato Soup - 6

Topped with Cheddar & Jack cheeses, bacon bits and green onions.

Homemade Chili - 6

Topped with Cheddar & Jack cheeses



SALADS

Salmon may be substituted for chicken for 3.



Spinach Salad - 14

Spinach topped with almonds, strawberries, red onions, grilled chicken and served with a Raspberry Vinaigrette.

Chicken Caesar Salad - 14

Romaine lettuce with croutons, Parmesan cheese, Caesar dressing, topped with grilled chicken.

Cobb Salad - 14

Salad greens with ham, turkey, black olives, tomatoes, cucumbers, green onions and Cheddar & Jack cheeses.

Owner's Choice

Southwestern Salad - 14

Salad greens with tomatoes, black beans, Cheddar & Jack cheeses, tortilla strips and your choice of grilled or fried chicken.

Oriental Salad - 14

Salad greens with grilled chicken, carrots, linguini, cilantro, chopped peanuts, wontons and Peanut Vinaigrette dressing.

House Salad - 7

Fresh salad greens with tomatoes, cucumbers, Cheddar & Jack cheeses and tortilla strips.

Caesar Salad - 7

Romaine lettuce with croutons, Parmesan cheese and Caesar dressing.

Salad Dressings:

Ranch, Blue Cheese, Italian, Caesar, Honey Mustard, Thousand Island, Oil & Vinegar, Fat Free Raspberry Vinaigrette and Peanut Vinaigrette

BURGERS

All Dalt's Burgers are cooked to order and include choice of one side item.



Jonah's Jacked Up Burger* - 14

Fresh sliced and grilled jalapeños with Pepper Jack cheese, served on a sesame seed bun with lettuce, tomato and red onion.

Patty Melt* - 13

Sautéed onions and American cheese on rye bread.

Cheeseburger* - 13

Grilled over hickory wood, topped with American cheese served on a sesame seed bun with lettuce, tomato and red onion.

Bacon Mushroom & Swiss* - 14

Served on sesame seed bun with lettuce, tomato and red onion.

Burger Club* - 14

Dalts special sauce, lettuce, tomato, bacon, American cheese on whole wheat bread with mayo.

Vegetarian Burger - 13

Meatless burger of vegetables, grains and seasonings on wheat bread with lettuce, tomato and red onion. *Add cheese for 1.50

Owner's Choice

SANDWICHES

All Sandwiches include your choice of side item.



Owner's Choice

Michael's Monterey Club Sandwich - 15

Flour tortillas with ham, tomato, bacon, lettuce, chicken and Cheddar & Jack cheeses with salsa on the side.

Chicken Sandwich - 14

Blackened, Buffalo, Fried, or Grilled chicken breast on a sesame seed bun with lettuce, tomato and red onion.

French Dip* - 15

Steak with Swiss cheese on a Hoagie bun and served with au jus.

Dalts Club - 14

Ham, turkey, bacon, lettuce, tomato on wheat bread with mayo and Jack cheese.

Philly Cheesesteak* - 15

Steak with Pepper Jack & American cheeses, peppers, onions and sautéed mushrooms on a Hoagie bun.

Reuben - 14

Corned Beef on rye bread with sauerkraut, Swiss cheese and a side of Thousand Island.

Chicken Salad Club - 14

Chicken salad with bacon, lettuce, tomato and Jack cheese on wheat bread.

HOME COOKING

All Home Cooking includes smashed potatoes and choice of side.



Owner's Choice

Country Fried Steak* - 15

Breaded and deep fried to perfection, topped with homemade white gravy.

Meat Loaf - 15

Fresh beef, vegetables, spices and topped with brown gravy.

Turkey & Dressing - 15

Homemade dressing and topped with a turkey gravy.

Chicken & Dumplings - 15

A Southern homestyle favorite.

Pot Roast - 15

Tender roast with vegetables, topped with brown gravy.

CREATE YOUR OWN PIZZA

Freshly prepared 10-inch pizza with pizza sauce and Mozzarella cheese - 16



Select any 3 toppings:

Bacon Bits
Green Pepper
Parmesan
BBQ Sauce
Ham
Pepperoni

Black Olives
Italian Sausage
Pineapple
Cheddar & Jack Cheeses
Jalapeños
Red Onions

Chicken
Mozzarella Cheese
Spinach Dip
Cilantro
Mushrooms
Tomatoes

**Additional toppings only 1.50*

PASTA

All pastas served with garlic bread.



Owner's Choice

Chicken Parmesan - 15

Deep fried chicken tenders breaded in Dalt's secret recipe batter then covered with marinara, Mozzarella & Parmesan cheeses over linguini.

Chicken Alfredo - 15

Grilled chicken sautéed in Alfredo sauce with linguini pasta, then topped with Mozzarella cheese and parsley.

SEAFOOD



Salmon - 24

Fresh 10 ounce salmon baked in our wood-fired oven. Lightly dusted with lemon pepper. Served with choice of side.

Catfish - 16

Encrusted in a Mennonite mesquite batter then deep fried and served with coleslaw, tartar sauce and choice of side.

Owner's Choice

Lite Salmon - 16

Wood-fired Salmon filet, lightly dusted with lemon pepper and served with your choice of two sides.

Fish Dinner - 16

Cod fish filets, battered and then deep fried, served with coleslaw, tartar sauce and choice of side item.

STEAK, RIBS & OMELETS

**Add a Caesar salad, House salad, or bowl of soup for 4.*



Ribeye Steak* - 30

Handcut 10 ounce USDA choice beef ribeye, seasoned and grilled over hickory wood. Topped with our signature Garlic Herb Butter and choice of side.

Miss Kay's BBQ Babyback Pork Ribs - 24

Tender babyback pork ribs, slow roasted and basted with bbq sauce, served with cole slaw and choice of side.

Owner's Choice

Chopped Steak* - 18

Fresh ground beef grilled to order and topped with sautéed onions and mushrooms, served with choice of side item.

Omelet - 15

Served with hash brown casserole, Texas toast, fresh fruit and any 3 items below:

Bacon Bits | Green Pepper | American Cheese | Ham
Swiss Cheese | Jack Cheese | Black Olives
Red Onions | Cheddar & Jack Cheeses | Tomatoes
Mushrooms | Mozzarella Cheese

**Additional toppings only 1.50*

CHICKEN



Chicken Tenders - 14

Chicken tender strips, hand-battered and deep fried, served with honey mustard and choice of one side.

Owner's Choice

Santa Fe Chicken Dinner - 16

Grilled chicken topped with Cheddar & Jack cheeses, tomatoes and green onions, served with bbq sauce and choice of side item.

Summermelt - 14

Grilled flour tortilla with chicken salad, lettuce, tomatoes, green onions, Cheddar & Jack cheeses, served with tortilla chips, salsa and sour cream.

Chicken Fajita - 16

Grilled chicken served sizzling with onions, peppers, lettuce, guacamole, sour cream, pico de gallo and Cheddar & Jack cheeses on side.

Dee's Chicken & Buttons - 14

Grilled chicken breast topped with sautéed mushrooms and Jack cheese, served with fried button mushrooms, horseradish and choice of one side.

Chicken Quesadilla - 14

Grilled flour tortilla with chicken, jalapeños, onions, tomatoes, peppers, Cheddar & Jack cheeses, served with salsa, sour cream and guacamole.

Grilled, Blackened, or BBQ Chicken Dinner - 16

Juicy 10 oz. chicken breast prepared the way you like it.

← DALT'S SIDES →

Any side for **3.50** or any three for **9**

Smashed Potatoes
French Fries
Steamed Broccoli
Green Beans

Squash Casserole
Fresh Fruit
Coleslaw
Onion Rings

Baked Potato (loaded 1.50)
Macaroni & Cheese
Hash Brown Casserole
Chicken & Dumplings

Side Salad
Side Soup
Potato Chips

← DESSERTS →



Chocolate Malt Cake - 7

A rich triple layer cake. Baked and iced with loving hands in our kitchen with the original 1980 recipe.

**Add a scoop of vanilla ice cream for 1.50*

Carrot Cake - 7

Traditional carrot cake with coconut, pecans and cream cheese icing.

Allison's Key Lime Pie - 7

Creamy pie on a graham cracker crust, topped with whipped cream.

Cobblers - 8

Choose from blackberry, cherry or peach cobbler with a walnut topping and vanilla ice cream.

Owner's Choice

Aunt Elaine's Peanut Butter Pie - 7

Homemade light and fluffy peanut butter pie with a graham cracker crust. So good it has it's own Tik Tok!

← KIDS MENU →

All kids items served with french fries and a drink - 5

For children 12 years old and under.

Grilled Cheese | Mac & Cheese | Chicken Tenders | Cheeseburger | Cheese Pizza

← DALT'S DRINKS →

Sodas - 3.50

Coke | Diet Coke | Coke Zero
Sprite | Ginger Ale
Dr. Pepper

Iced Tea - 3.50

Sweet or Unsweetened
Fruit Tea - 4

Lemonade - 4

IBC Rootbeer - 3.50

Ice Cream Sodas & Floats - 4

Coffee - 3.50

Hot Chocolate - 3.50

Perrier Sparkling Water - 3.50

Bottled Water - 3

Hot Tea - 3.50

Take home a gallon of
Sweet or Unsweetened Tea - 8

Milkshakes & Malts - 5



BRUNCH



Omelets - 15

Made with fresh fluffy eggs, served with our homemade hash brown casserole, Texas toast, fresh fruit and select any 3 of the items below:

Mushrooms | Onions | Tomatoes | Green Peppers
 Black Olives | Bacon | Ham | Swiss | American
 Monterey Jack | Mozzarella | Cheddar/Jack blend.

**Additional toppings for only 1.50 each.*

Buttermilk Pancakes - 13

Three light, fluffy pancakes served with fresh fruit and choice of bacon or sausage.
 Regular, Cinnamon Roll, or Chocolate Chip.

Spinach Frittata - 13

Italian style omelet with spinach, bacon, onions, mushrooms, Monterey Jack and Parmesan cheeses served with hash brown casserole, Texas toast and fresh fruit.

Sides:

Pancakes (each) - 4

Two Eggs - 4

Hashbrown Casserole - 3.50

English Muffin - 3

Bacon or Sausage - 4

Toast - 2

Owner's Choice

Country Fried Steak & Eggs* - 15

Breaded, deep fried steak topped with a country gravy and three eggs cooked any style, served with hash brown casserole.

Egg Breakfast* - 13

Three eggs cooked any style, with hash brown casserole, Texas toast, fresh fruit and choice of bacon or sausage.

French Toast - 13

Toast dipped in cinnamon and nutmeg, served with fresh fruit, cinnamon cream cheese spread and your choice of bacon or sausage.

Eggs Benedict* - 13

Two poached eggs and Canadian bacon on English muffin with hollandaise sauce, then served with hash brown casserole and fresh fruit.

Salmon Benedict* - 14

Two poached eggs and salmon on English muffin with hollandaise sauce, parmesan cheese, and tomato, then served with hash brown casserole and fresh fruit.

Breakfast Burrito - 13

Scrambled eggs, sausage, bacon, green chilies, and cheddar/jack cheeses rolled in a flour tortilla with hollandaise sauce, then served with hash brown casserole and fresh fruit.

KIDS BRUNCH

Silver Dollar Pancakes - 5

Served with bacon and fresh fruit.

Kids French Toast - 5

Served with bacon and fresh fruit.

Scrambled Eggs with Bacon - 5

Comes with hash brown casserole, Texas toast and fresh fruit.

BRUNCH IS SERVED
SATURDAYS 11am - 3pm SUNDAYS 10am - 3pm